



MedStar Family
Choice

State of Maryland 1-800-Quit Now
SmokingStopsHere.com

Allegany County Department of Health – Tobacco Cessation Program

Kathy Dudley
301-759-5050 (ph)
301-777-2098 (fax)
kathydudley@maryland.gov (email)
PO Box 1745
12503 Willowbrook Rd
Cumberlans, MD 21501

Anne Arundel County Department of Health – Quit Smoking Help

Learn to Live Information Line and Websites
410-222-7979 (ph)
410-222-4067 (fax)
www.MyQuitKit.org
www.LearnToLiveHealthy.org
hdltl@aacounty.org (email)
1 Harry S. Truman Parkway
Annapolis, MD 21401

Baltimore City Department of Health – Tobacco Use Prevention and Cessation Program

Letta Grant
410-361-9765
Community Health Educator,
Tobacco Free Baltimore,
Baltimore City Health Dept
7 E Redwood St, 2nd Floor
Baltimore, MD 21201
leslie.mcneil@baltimorecity.gov (email)

Baltimore County Department of Health – Quit Smoking Help

Vicki Pfannenstein
410-887-3828
Prevention & Tobacco Programs Manager
Baltimore County Dept of Health
Bureau of Behavior Health
tobacco@baltimorecountymd.gov (email)

Calvert County Department of Health – Smoking Cessation Program

Jane Dodds

410-535-5400 (ph) press 0 for the operator and ask for Jane Dodds

410-535-1955 (fax)

Jane.Dodds@maryland.gov (email)

PO Box 980

975 Solomon's Island Rd North

Prince Frederick, MD 20678

Caroline County Department of Health – Tobacco Cessation Program

Heather Grove, RN BSN

410-479-8080 (ph)

410-479-2014 (fax)

Heather.grove@maryland.gov (email)

403 S.7th St

Denton, MD 21629

Wellness Room #268

Individual Counseling: Series of 6 lessons in person and follow-up contact for maintenance

Offered selected dates and times

Carroll County Department of Health – Cigarette Restitution Fund Program

Barbara White

410-876-4443 (ph)

410-876-5990 (fax)

Barbara.white@maryland.gov (email)

Anne Grauet

410-876-4429 (ph)

410-876-5990 (fax)

anne.grauel@maryland.gov (email)

290 S. Center St

Westminster, MD 21157

Cecil County Department of Health – Stop Smoking Program

Jennifer Padgett

410-996-5168 (ph)

410-996-5183 (fax)

Jennifer.padgett@maryland.gov (email)

John M. Byer Health Center

401 Bow St

Elkton, MD 21291

Charles County Department of Health – Smoking Cessation Program

Mary Beth Klick
301-609-6932 (ph)
Marybeth.klick@maryland.gov (email)
Box 1050
4545 Crain Highway
White Plains, MD 20695

Dorchester County Department of Health – Tobacco Prevention and Cessation Program

Julie Jones
410-901-8133 (ph)
410-901-8199 (fax)
Julie.jones@maryland.gov (email)
3 Cedar St
Cambridge, MD 21613

Frederick County Department of Health – Cigarette Restitution Program

P.J. Miller
301-600-1755 (ph)
301-600-3298 (fax)
pmiller@frederickcountymd.gov (email)
350 Montevue Lane
Frederick, MD 21702

Garrett County Department of Health – Tobacco Cessation Program / c

Kendra McLaughlin, MPH
301-334-7732 (ph)
301-334-7701 (fax)
Kendra.mclaughlin@maryland.gov (email)
1025 Memorial Dr.
Oakland, MD 31550

Harford County Department of Health – Quit Tobacco Program

No longer have program / they refer to Cancer Kaufman Center 443-643-3350; or Medstar Bldg, Route 924, Bel Air, 410-877-2613; can call Health Dept and they will give member the best location, dates and time.

Linda Pegram, M.A. M.P.H. C.T.T.S
Tobacco Cessation Specialist
410-612-1781 (ph)
410-612-9184 (fax)
Linda.pegram@maryland.gov (email)
1321 Woodbridge Station Way
Suite A

Edgewood, MD 21040
www.harfordcountyhealth.com

Howard County Department of Health – Tobacco Control Program

Alyse Cooper
Program Administrator
410-313-4255 (ph)
410-313-6150 (fax)
acooper@howardcountymd.gov (email)
Howard County Health Department
Ascend One Building
8930 Stanford Blvd
Columbia, MD 21045

Kent County Department of Health – Tobacco Use, Prevention, and Cessation Program

Nicole Morris, MS RN
410-778-2533 (ph)
410-778-6882 (fax)
nicole.morris@maryland.gov (email)
125 S. Lynchburg St
Chestertown, MD 21620

Montgomery County Cancer and Tobacco Initiatives

Tyrone Rowland
240-777-3301 (ph)
240-777-1261 (fax)
Tyrone.Rowland@montgomerycountymd.gov (email)
1335 Picard Dr
Lower Level
Rockville, MD 20850

Prince George's County Department of Health – Tobacco Control Program

Joe K Wood
301-321-2990 (ph)
301-883-7881 (fax)
JCWoods1@co.pg.md.us (email)
425 Brightseat Road
Landover, MD 20785

Queen Anne's County Department of Health – Addictions Treatment and Prevention

Dorine Fassett
Prevention Coordinator
443-758-1306 (ph)
410-758-2133 (fax)
Dorine.fassett@maryland.gov (email)
206 N. Commerce St
Centerville, MD 21617

Somerset County Department of Health – Smoking Cessation Program

Tynice DeShields M.Ed
Tobacco Coordinator
Coordinator of Special Programs
443-523-1760 (main)
443-523-1788 (direct)
410-651-4083 (fax)
Tynice.DeShields@maryland.gov7920 (email)
Crisfield Highway
Westover, MD 21817

St Mary's County Department of Health – Tobacco Use Prevention Program

Caitlin Kirkpatrick
301-475-4074 (ph)
301-475-4350 (fax)
caitlin.kirkpatrick@maryland.gov (email)
21580 Peabody St
PO Box 316
Leonardtown, MD 20650

Talbot County Department of Health – tobacco Use, Prevention & Cessation Program

Jean Honey
410-819-5600 (ph)
410-819-5690 (fax)
Jean.honey@maryland.gov (email)

Logan Harris
410-819-5639
logan.harris@maryland.gov

100 S. Hanson St,
Easton, MD 21601

Washington County Health Department – Stop Smoking for Life

Holly Luther
240-313-3310 (ph)
240-313-3239 (fax)
Holly.luther@maryland.gov (email)

13114 Pennsylvania Ave
Hagerstown, MD 21742

Wicomico County Department of Health _Tobacco Use, Prevention & Control Program

Rhonda Bryant
410-334-3480 (ph)
410-548-5181 (fax)
Rhondad.bryant@maryland.gov (email)

108 E. Main St
Salisbury, MD 21801

Worcester County Department of Health – Tobacco Cessation Services

Katherine Gunby
410-632-0056 (ph)
410-632-0080 (fax)
katherine.gunby@maryland.gov (email)

6040 Public Landing Rd
Snow Hill, MD 21863