



Did you know...

You can complete the **Maryland Prenatal Risk Assessment** in three easy steps!

The M-PRA is a **requirement** for all pregnant patients receiving medical assistance.

1. **Fill out the M-PRA form (DHMH 4850) at the patient's first prenatal visit.**

Why: The M-PRA identifies women at risk for low birth weight, pre-term delivery and other health care conditions that may put her and/or her infant at risk. (*Please note: The M-PRA does not need to be filled out by a physician. It can be completed by office staff.)

2. **Fax the form to the local health department where the patient resides.**

Why: The local health departments use the M-PRAs to identify women who may benefit from local programs, or who may need assistance navigating the health care system. They also forward M-PRAs to the patient's MCO so they can link them to care coordination and case management services.

3. **Develop a plan of care based on the woman's risk factors.**

Why: Having a plan helps anticipate problems and facilitates early intervention. A plan also helps with health promotion, education, and shared decision-making.

More to know...

- **You can be reimbursed for completing this process!**
- **Use HCPCS code H1000. Only one risk assessment per pregnancy.**

MedStar Family Choice has two full-time High-Risk Pregnancy Case Managers!

- **To make a referral or to learn more please call 1-800-905-1722 option 2.**

Timing is Everything!

- **Timely completion and faxing of the M-PRA ensures that pregnant mothers get connected to case management services faster!**

For more information regarding the Maryland Prenatal Risk Assessment including a downloadable copy with instructions and fax numbers for local health departments please follow this link: <https://bit.ly/3PiM9VO>



**It's how we
treat people.**