



MedStar Family Choice / Maryland HealthChoice Provider Alert

Important information – Upcoming webinars from MDH-BHA and MedChi.

Dear Participating Provider,

MedStar Family Choice encourages you to review the exciting opportunities available through the Maryland Department of Health Behavioral Health Administration (MDH-BHA), and to participate in these upcoming webinars.

Updates on the vaccines and vaccine hesitancy.

Recognizing the importance of the next phase of our fight against COVID-19, the Maryland Department of Health (MDH) Behavioral Health Administration (BHA) is hosting a webinar for Maryland providers on Friday, June 11, 2021, 10 a.m. to 11 a.m., entitled *Updates on the Vaccines and Vaccine Hesitancy*.

Information will be shared around the most recent news related to vaccines along with how to effectively communicate with those hesitant to receive the COVID-19 vaccine. Please see the attached flyer for more details about how to register for this webinar and learn more about what we can do to get more Marylanders vaccinated.

Helping the helpers and those they serve.

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) in partnership with MedChi are jointly presenting a series for *Helping the Helpers and Those They Serve*. Topics include:

- May 27: Spirituality and Self-Care for Health Care Workers
- June 10: Finding Purpose and Results in the Pursuit of Health Equity
- June 24: Grief in the Workplace
- July 8: Relaxation Techniques

Dates, times, and links for registration for these topics are included in the attachment. Additionally, CMEs will be available at no cost. Please note participants should check with their certifying organizations to see if these sessions would apply. For more information, please see the attachment **BHA/MedChi Behavioral health Webinar Series: Helping the Helpers and Those They Serve**.



BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) and MedChi are jointly sponsoring a webinar series, the BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve.

These webinars are for Maryland's behavioral health and medical health care workers of all disciplines, whether working in community or hospital settings. They are designed to enhance both health care worker self-care and resultantly the care they provide, as health care workers combat numerous stressors including the COVID-19 pandemic, social justice issues, and other stressors that can potentially impact delivered care.

CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may qualify for CEUs or other continuing education credit, although these are not approved for CEUs by the Maryland Board of Social Work Examiners. Participants should check with their certifying organizations to see how these would apply.

For questions about continuing education credit contact Sherrie Noonan at sherrie.noonan@maryland.gov. For other questions, or if you are interested in delivering a presentation, being a moderator, or have self-care topics/presenters to suggest, contact Steve Whitefield at steven.whitefield@maryland.gov.

The below webinars are open for registration. All webinars are from 5-6pm. Registration for future webinars, which will be on the 2nd and 4th Thursdays of each month, will be posted on the BHA/MedChi webinar webpage, where webinar recordings and slides are also archived.

May 27: Spirituality and Self-Care for Health Care Workers.

Shinelle Oglesby, MS, LCPC. Moderator: Chaplain Dennis DuPont.

Register for this webinar at this link:

https://us02web.zoom.us/webinar/register/WN_BV2k64FHTZaGt26sROW5Kg

June 10: Finding Purpose and Results in the Pursuit of Health Equity.

Stephanie Slowly, MSW, LCSW-C. Moderator: TBD.

Register for this webinar at this link:

https://us02web.zoom.us/webinar/register/WN_dxNX2FVoSla2SponVaAzHw

June 24: Grief in the Workplace.

Beth Hewett, PhD. Moderator: Chaplain Dennis DuPont.

Register for this webinar at this link:

https://us02web.zoom.us/webinar/register/WN_G0h1S9SYSYyudPouonqfHw

July 8: Relaxation Techniques.

Hinda Dubin, MD and Amanda Robinson, MS.

Register for this webinar at this link:

https://us02web.zoom.us/webinar/register/WN_eSRIjRPPT1aAGG9v0hDZwQ





Webinars jointly sponsored by the BHA and MedChi

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedChi, The Maryland State Medical Society and the Behavioral Health Administration of the Maryland Department of Health. MedChi is accredited by the ACCME to provide continuing medical education for physicians. MedChi designates this webinar educational activity for a maximum of 1 AMA PRA Category 1 Credits TM . Physicians should claim only the credit commensurate with the extent of their participation in the activity, as should other disciplines who claim credit for Participant Certificates.



Updates on the Vaccines and Vaccine Hesitancy

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) presents an important webinar for Maryland providers:

Updates on the Vaccines and Vaccine Hesitancy

Friday, June 11 | 10-11 a.m.

Register here

This webinar will focus on the following:

- The latest information on the vaccines
- How to effectively communicate with those who are vaccine hesitant, including those unsure about the severity of the pandemic or susceptible to misinformation that resonates with their views

Presenters include MDH's Rebecca Perlmutter, MPH, and Tara Sell, PhD, an Assistant Professor in the Johns Hopkins University Department of Environmental Health and Engineering and a Senior Associate at the Center for Health Security at the Johns Hopkins Bloomberg School of Public Health.

Register today or for questions, contact steven.whitefield@maryland.gov.

To view previous BHA vaccine webinars:

- March 30: <u>Addressing Vaccine Hesitancy that You, Your Colleagues, or Those in Your Care May Have</u>
- April 26: <u>Strategies for Providers to Increase Vaccine Uptake</u>